

## Program Overview

### Natural Teaching Opportunities

How do you use everyday moments with your child to introduce and reinforce safe touching concepts?

### Creating a Safe Environment

Why is it important to establish and practice family safety rules?

### Introducing Touching Safety and Body Boundaries

How do you teach your child to understand the difference between safe and unsafe touches? Children need to know they are in control of who touches their bodies.

### Normal Sexual Development

What are healthy and expected behaviors for young children?

### Secrets

How do you teach your child that secrets about touching are never ok?

### Disclosure

How do you respond if your child tells you about an inappropriate touching situation? Who do you call? Being prepared is critical.